

**GoodLife**  
**FITNESS.**



# Enjoy Improved Fitness, Mental Health & Well-Being

---

**Project Management Institute - Manitoba**

**20% off** memberships  
and **\$0** join fee



Join at [corporate.goodlifefitness.com](https://corporate.goodlifefitness.com)

---

## **Corporate Membership Benefits:**

- An **excellent variety** of cardio machines, equipment, and free weights
  - **World-class group fitness classes**
  - Once you join, you can purchase **up to 2 family members discounted memberships**
  - **Online workouts** you can do whenever and wherever you want
  - [Click here for a video on more of what GoodLife offers!](#)
- 

[Click here to book a tour and one-visit trial pass!](#)

Valid May 7/25 - March 30/26